

## **How can I find out what my medical care will cost and what my insurance will pay?**

Medical costs continue to rise, one of the best ways to control costs is by researching and understanding how much your doctor will charge, how much is covered by your insurance and how much you will be responsible for.

The best way to find out about a medical procedure is to ask. Ask your doctor for not only the name of the medical procedure but the procedure code and diagnosis codes they plan to bill as well as the amount they will charge for their service.

Another good resource is [www.vimo.com](http://www.vimo.com)

Vimo compares prices for various medical services and can provide an average cost for your ZIP code. Many on-line sites can rank providers by cost showing you who the most affordable provider is in your area.

Freedom of choice is an important component of health care. In order to make a decision about your health care, make sure that you research as much as possible and find the right provider for you.